

Yoga in Daily Life® weekend seminar with Swami Chidanand in Szeged, 27-29 March 2009

Yoga in Daily Life Association

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We are happy to announce a weekend program led by Swami Chidanand, to which we cordially invite you.

Time: 16⁰⁰ 27 March – 12⁰⁰ 29 March

Location: Dugonics András Piarista Gimnázium, Szeged, Bálint Sándor street 14.

Accommodation: in dormitory rooms for extra charge.

With bed linen: **EUR 15/person/2 nights,**

or in bed with own sleeping bag: **EUR 10/person/2 nights**

Arrival and registration: 16⁰⁰ 27 March on the spot

The program:

- 27th: 17⁰⁰-18⁴⁵ **dinner**, from 19⁰⁰ **evening lecture.**
- 28th: **all-day yoga program** (asanas, pranayam, yoga-nidra, meditation, lecture, satsang) with **3 vegetarian meals.**
- 29th: **yoga-program** until 12⁰⁰, **with breakfast and lunch.**

COSTS:

EUR 50, which includes the cost of the Friday evening public lecture, the whole program and all meals but **DOES NOT** include the cost of the accommodation in the dormitory.

PRICE REDUCTION:

The cost for members of Yoga in Daily Life Associations is **EUR 45**, which **DOES NOT** include the cost of the accommodation in the dormitory

APPLICATION AND PAYMENT:

until 13 March 2009 by email (paying on the spot)

Please keep the deadline so that we know the exact number of the participants and are able to choose the right practice hall!

Cost of partial programs:

Friday evening public lecture: EUR 5 (children aged 6-14: EUR 3)

Friday and Saturday morning/afternoon/evening: EUR 15 each.

Cancellation policy:

If you cancel after 20 March we pay back 50% of your payments. Late arrival and/or earlier departure, skipping of meals – we cannot give refunds.

WE ASK YOU TO UNDERSTAND THE FOLLOWING

It is not allowed to make any **picture** – (film, video or photo) or **audio** recording of the lectures and programs or **copying and distributing** notes! (Except for those who have a written permission from the International Sri Deep Madhavananda Ashram Fellowship, that they must show to the organisers on the premises!)

Szeged, 25 January 2009.

the leadership of Yoga in Daily Life Association in Szeged